

**STERILISASIE TOESTEMMING**  
**(FALLOPIUS BUIS AFBINDING)**

Ek, \_\_\_\_\_  
(volle naam en van)

ID no. \_\_\_\_\_

gee hiermee toestemming dat 'n sterilisasie operasie op my uitgevoer mag word, en verklaar hiermee dat Dr Anton Seris die volgende inligting aangaande die operasie aan my verduidelik het en ek begryp dat:

- Die sterilisasie 'n *chirurgiese* ingreep is wat onder algemene of spinale narkose in 'n hospitaal gedoen word. Ek was ingelig t.o.v. moontlike komplikasies van die operasie wat in sommige gevalle, hoewel skaars, mag voorkom. Komplikasies mag onder andere besering van die spysverteringskanaal en genito-urinêre traktus insluit, asook infeksie, bloedings en narkose komplikasies.
- Die prosedure se doel is *om permanente onvrugbaarheid* te bewerkstellig. Hoewel omkeer operasies gedoen kan word, is dit nie altyd suksesvol nie, die kostes daarvan is hoog en word nie deur mediese fondse betaal nie.
- Geen waarborg van permanente onvrugbaarheid kan gegee word nie. Hoewel die mislukkings koers van sterilisasie prosedures laag is (0.2%-0.7% in meeste handboeke), kan *swangerskap* in uitsonderlike gevalle dus volg.

Ek erken dus dat die moontlikheid bestaan en dat ek in geval van 'n faling, nie die dokter of die hospitaal verantwoordelik sal hou vir die swangerskap nie..

- Ander swangerskap voorkomende metodes is ook met by bespreek.

Geteken te Pretoria op hierdie \_\_\_\_\_ dag van \_\_\_\_\_ 20\_\_\_\_\_

Pasiënt:

Geneesheer:

\_\_\_\_\_

\_\_\_\_\_

Eggenoot:

Getuie:

\_\_\_\_\_

\_\_\_\_\_

**CONSENT TO TUBAL LIGATION**  
**(STERILIZATION)**

I, \_\_\_\_\_  
(full name and surname)

ID number \_\_\_\_\_, the undersigned

hereby give informed consent to undergo the operation of tubal ligation. I also declare that Dr Anton Seris has explained the following information regarding the operation to me and I understand that:

- The operation is done under general or spinal anaesthesia in a hospital operating room. I was informed about complications of tubal sterilization. Although complications are rare and the incidence is low, they may include injuries to the gastro-intestinal and genitourinary tracts, infection, hemorrhage, and complications of anaesthesia.
- The procedure is intended to be permanent. Although techniques for the reversal of tubal sterilization are advanced and results are good, the procedure can not be guaranteed to be successful and medical aids do not cover the cost of reversal operations.
- No guarantee of sterility could be given. Although it is intended to be a permanent contraceptive procedure, the operation is sometimes associated with a failure and subsequent pregnancy. The risk of failure is however low and reported to be 0.2%-0.7% in most textbooks. I therefore waive any claims against the doctor or the hospital, should it transpire that the operation failed and a subsequent pregnancy followed.
- Other alternative contraceptive procedures were discussed and explained to me.

Signed at Pretoria on this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_

Patient:

Practitioner

\_\_\_\_\_

\_\_\_\_\_

Husband

Witness:

\_\_\_\_\_

\_\_\_\_\_